



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hentrich, Johannes

Club: die flotten Mühlhäuser

Number: 64

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 17:13

Speed: 13.94 km/h

Running performance: 4:18 min/km

Rank in course/Total: 52 (of 446)

Rank in course/Men: 47 (of 278)

Best time in course: 12:07

Rank in category: 2(of 2)

Best time in the category: 12:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	8:36	4:17	2	2:28	52	2:28	2.00	8:36	4:17	2	2:28	25	2:28
Leichtathletikhalle	2.00	8:37	4:18	2	2:33	45	2:38	4.00	17:13	4:18	2	5:01	47	5:06