



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Eisenacher, Elke

Club: Hainichläufer Mühlhausen

Number: 398

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 29:51

Speed: 8.04 km/h

Running performance: 7:28 min/km

Rank in course/Total: 432 (of 446)

Rank in course/Women: 159 (of 168)

Best time in course: 13:59

Rank in category: 11(of 12)

Best time in the category: 22:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	14:56	7:28	11	3:44	158	8:01	2.00	14:56	7:28	9	1:14	118	8:01
Leichtathletikhalle	2.00	14:55	7:27	11	3:47	156	7:51	4.00	29:51	7:27	11	7:13	159	15:52