



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Neumann, Lasse

Club: AnnaKram

Number: 430

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 22:39

Speed: 10.60 km/h

Running performance: 5:40 min/km

Rank in course/Total: 234 (of 446)

Rank in course/Men: 175 (of 278)

Best time in course: 12:07

Rank in category: 16(of 19)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	11:06	5:32	16	3:40	158	4:58	2.00	11:06	5:32	9	0:31	205	4:58
Leichtathletikhalle	2.00	11:33	5:46	17	4:03	205	5:34	4.00	22:39	5:39	16	7:43	175	10:32