



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Rebenschütz, Susanne

Club: Erfurt
Number: 206

Course: 4.00 km
Pokal der Sparkasse Mittelthüringen

Category:
Seniorinnen W40 (40-49 Jahre)

Total time: 27:35

Speed: 8.70 km/h
Running performance: 6:54 min/km

Rank in course/Total: 411 (of 446)

Rank in course/Women: 146 (of 168)

Best time in course: 13:59

Rank in category: 27(of 33)

Best time in the category: 19:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	13:49	6:54	27	4:22	148	6:54	2.00	13:49	6:54	8	0:42	125	6:54
Leichtathletikhalle	2.00	13:46	6:53	27	4:27	141	6:42	4.00	27:35	6:53	27	8:31	146	13:36