



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Künzel, Sven-Erik

Club: BSG Loba Planen

Number: 299

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 24:05

Speed: 9.97 km/h

Running performance: 6:01 min/km

Rank in course/Total: 319 (of 446)

Rank in course/Men: 224 (of 278)

Best time in course: 12:07

Rank in category: 48(of 60)

Best time in the category: 14:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	11:37	5:48	39	4:42	188	5:29	2.00	11:37	5:48	23	0:29	125	5:29
Leichtathletikhalle	2.00	12:28	6:14	48	5:11	237	6:29	4.00	24:05	6:01	48	9:53	224	11:58