



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Debertshäuser, Ulrike

Club: Sv- Sömmerda e.V.

Number: 130

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 22:21

Speed: 10.74 km/h

Running performance: 5:35 min/km

Rank in course/Total: 225 (of 446)

Rank in course/Women: 55 (of 168)

Best time in course: 13:59

Rank in category: 15(of 27)

Best time in the category: 18:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	10:47	5:23	12	1:41	44	3:52	2.00	10:47	5:23	4	0:17	85	3:52
Leichtathletikhalle	2.00	11:34	5:46	16	2:30	82	4:30	4.00	22:21	5:35	15	3:53	55	8:22