



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Röske, Charles

Number: 348

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:34

Speed: 12.27 km/h

Running performance: 4:53 min/km

Rank in course/Total: 114 (of 446)

Rank in course/Men: 96 (of 278)

Best time in course: 12:07

Rank in category: 10(of 19)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	9:55	4:57	12	2:29	99	3:47	2.00	9:55	4:57	6		255	3:47
Leichtathletikhalle	2.00	9:39	4:49	10	2:09	98	3:40	4.00	19:34	4:53	10	4:38	96	7:27