



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hantscher, Paulin

Club: Ultra-Runnerteam.de Suhl

Number: 409

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 23:23

Speed: 10.26 km/h

Running performance: 5:51 min/km

Rank in course/Total: 281 (of 446)

Rank in course/Men: 205 (of 278)

Best time in course: 12:07

Rank in category: 17(of 19)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	12:31	6:15	19	5:05	230	6:23	2.00	12:31	6:15	5	1:56	256	6:23
Leichtathletikhalle	2.00	10:52	5:26	14	3:22	165	4:53	4.00	23:23	5:50	17	8:27	205	11:16