



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Horvath, Rolf

Club: Die Schotte Erfurt e. V.

Number: 449

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 15:05

Speed: 15.91 km/h

Running performance: 3:46 min/km

Rank in course/Total: 17 (of 446)

Rank in course/Men: 16 (of 278)

Best time in course: 12:07

Rank in category: 2(of 60)

Best time in the category: 14:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	7:21	3:40	2	0:26	15	1:13	2.00	7:21	3:40	29		264	1:13
Leichtathletikhalle	2.00	7:44	3:52	2	0:27	16	1:45	4.00	15:05	3:46	2	0:53	16	2:58