41. Erfurter Silvesterlauf
Erfurt / 31.12.2014

Detailed evaluation

Jahn, Wiebke

Club: SSV Erfurt Nord e. V.
Number: 4

Course: 4.00 km
Pokal der Sparkasse Mittelthüringen

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 18:52

Speed: 12.72 km/h
Running performance: 4:43 min/km

Rank in course/Total: 94 (of 446)
Rank in course/Women: 14 (of 168)
Best time in course: 13:59

Rank in category: 3(of 27)
Best time in the category: 18:28

Intermediate times

Control	Split km	Split Time	Split min/km	Stage score: Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total ranking: Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecl	2.00	9:06	4:32	1	-	10	2:11	2.00	9:06	4:32	15		7	2:11
Leichtathletikhal	2.00	9:46	4:53	5	0:42	19	2:42	4.00	18:52	4:43	3	0:24	14	4:53