



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Winkler, Benjamin

Club: LSV Schmölln

Number: 1590

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 38:50

Speed: 15.45 km/h

Running performance: 3:53 min/km

Rank in course/Total: 26 (of 637)

Rank in course/Men: 25 (of 493)

Best time in course: 31:35

Rank in category: 12(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	7:26	3:43	12	1:09	27	1:09	2.00	7:26	3:43	42		23	1:09
Runde Langstrec	2.00	7:49	3:54	12	1:26	31	1:26	4.00	15:15	3:48	42		20	2:35
Runde Langstrec	2.00	8:01	4:00	12	1:33	29	1:33	6.00	23:16	3:52	42		20	4:08
Runde Langstrec	2.00	7:57	3:58	12	1:33	27	1:33	8.00	31:13	3:54	41		19	5:41
Leichtathletikhal	2.00	7:37	3:48	12	1:34	20	1:34	10.00	38:50	3:53	12	7:15	25	7:15