



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Häßner, Philipp

Club: Berka/Werra

Number: 1036

Course: 10.00 km

Vintage VDB Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 36:55

Speed: 16.25 km/h

Running performance: 3:41 min/km

Rank in course/Total: 17 (of 637)

Rank in course/Men: 17 (of 493)

Best time in course: 31:35

Rank in category: 3(of 21)

Best time in the category: 33:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	7:22	3:40	5	1:05	25	1:05	2.00	7:22	3:40	20		24	1:05	
Runde Langstrec	2.00	7:18	3:38	3	0:48	15	0:55	4.00	14:40	3:39	20		24	2:00	
Runde Langstrec	2.00	7:29	3:44	3	0:41	14	1:01	6.00	22:09	3:41	20		24	3:01	
Runde Langstrec	2.00	7:28	3:44	3	0:41	15	1:04	8.00	29:37	3:42	20		23	4:05	
Leichtathletikh	2.00	7:18	3:38	3	0:37	15	1:15	10.00	36:55	3:41	3	3:52	17	5:20	