



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Bürger, Thomas**

Club: Hörselberg-Hainich

Number: 1276

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 43:19

Speed: 13.85 km/h

Running performance: 4:20 min/km

Rank in course/Total: 82 (of 637)

Rank in course/Men: 80 (of 493)

Best time in course: 31:35

Rank in category: 13(of 135)

Best time in the category: 33:35

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde Langstrec | 2.00        | 8:02          | 4:00            | 8           | 1:34           | 47          | 1:45          | 2.00          | 8:02          | 4:00            | 14          | 1:34           | 36         | 1:45          |
| Runde Langstrec | 2.00        | 8:26          | 4:13            | 10          | 1:44           | 63          | 2:03          | 4.00          | 16:28         | 4:06            | 14          | 3:18           | 70         | 3:48          |
| Runde Langstrec | 2.00        | 8:49          | 4:24            | 22          | 1:57           | 89          | 2:21          | 6.00          | 25:17         | 4:12            | 14          | 5:15           | 70         | 6:09          |
| Runde Langstrec | 2.00        | 9:04          | 4:31            | 25          | 2:18           | 113         | 2:40          | 8.00          | 34:21         | 4:17            | 13          | 7:33           | 69         | 8:49          |
| Leichtathletikh | 2.00        | 8:58          | 4:29            | 35          | 2:11           | 136         | 2:55          | 10.00         | 43:19         | 4:19            | 13          | 9:44           | 80         | 11:44         |