



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Vogt, Philipp

Club: Grasrockers Brotterode

Number: 1497

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 44:31

Speed: 13.48 km/h

Running performance: 4:27 min/km

Rank in course/Total: 113 (of 637)

Rank in course/Men: 108 (of 493)

Best time in course: 31:35

Rank in category: 22(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	8:15	4:07	17	1:58	64	1:58	2.00	8:15	4:07	66		116	1:58
Runde Langstrec	2.00	8:49	4:24	24	2:26	119	2:26	4.00	17:04	4:15	66		86	4:24
Runde Langstrec	2.00	9:06	4:32	27	2:38	128	2:38	6.00	26:10	4:21	66		116	7:02
Runde Langstrec	2.00	9:36	4:47	31	3:12	176	3:12	8.00	35:46	4:28	65		103	10:14
Leichtathletikh	2.00	8:45	4:22	25	2:42	112	2:42	10.00	44:31	4:27	22	12:56	108	12:56