



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Reichert, Antje

Club: Weimar

Number: 1413

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 56:04

Speed: 10.70 km/h

Running performance: 5:37 min/km

Rank in course/Total: 442 (of 637)

Rank in course/Women: 58 (of 144)

Best time in course: 38:07

Rank in category: 17(of 39)

Best time in the category: 38:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	10:23	5:11	10	3:03	27	3:03	2.00	10:23	5:11	32	0:49	28	3:03
Runde Langstrec	2.00	10:39	5:19	15	3:02	45	3:02	4.00	21:02	5:15	32	2:02	28	6:05
Runde Langstrec	2.00	11:12	5:35	19	3:26	65	3:26	6.00	32:14	5:22	32	3:53	28	9:31
Runde Langstrec	2.00	11:48	5:54	25	4:02	85	4:02	8.00	44:02	5:30	31	6:17	28	13:33
Leichtathletikh	2.00	12:02	6:00	31	4:24	105	4:24	10.00	56:04	5:36	17	17:57	58	17:57