



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Herbig, Moritz

Number: 1470

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 1:01:51

Speed: 9.70 km/h

Running performance: 6:11 min/km

Rank in course/Total: 582 (of 637)

Rank in course/Men: 465 (of 493)

Best time in course: 31:35

Rank in category: 67(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time				Pos Men	Behind Men
Runde Langstrec	2.00	11:50	5:55	61	5:33	410	5:33	2.00	11:50	5:55	11		285	5:33
Runde Langstrec	2.00	12:08	6:03	69	5:45	473	5:45	4.00	23:58	5:59	11	0:23	285	11:18
Runde Langstrec	2.00	12:47	6:23	68	6:19	477	6:19	6.00	36:45	6:07	11	2:32	284	17:37
Runde Langstrec	2.00	12:53	6:26	67	6:29	472	6:29	8.00	49:38	6:12	1	-	283	24:06
Leichtathletikh	2.00	12:13	6:06	66	6:10	452	6:10	10.00	1:01:51	6:11	67	30:16	465	30:16