



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schwarzkopf, Helmut

Club: SV Kyffhäuser

Number: 70

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M60 (60-69 Jahre)

Total time: 17:47

Speed: 13.50 km/h

Running performance: 4:27 min/km

Rank in course/Total: 64 (of 446)

Rank in course/Men: 56 (of 278)

Best time in course: 12:07

Rank in category: 1(of 16)

Best time in the category: 17:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	8:48	4:24	1	-	57	2:40	2.00	8:48	4:24	4	-	60	2:40
Leichtathletikhalle	2.00	8:59	4:29	1	-	61	3:00	4.00	17:47	4:26	1	-	56	5:40