



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kogel, Jutta

Club: Erfurt

Number: 1266

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 55:23

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 430 (of 637)

Rank in course/Women: 54 (of 144)

Best time in course: 38:07

Rank in category: 7(of 25)

Best time in the category: 47:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde Langstrec | 2.00 | 10:57 | 5:28 | 4 | 1:46 | 44 | 3:37 | 2.00 | 10:57 | 5:28 | 15 | | 22 | 3:37 |
| Runde Langstrec | 2.00 | 10:51 | 5:25 | 5 | 1:25 | 54 | 3:14 | 4.00 | 21:48 | 5:27 | 19 | | 76 | 6:51 |
| Runde Langstrec | 2.00 | 11:08 | 5:33 | 8 | 1:32 | 60 | 3:22 | 6.00 | 32:56 | 5:29 | 19 | | 76 | 10:13 |
| Runde Langstrec | 2.00 | 11:15 | 5:37 | 8 | 1:26 | 62 | 3:29 | 8.00 | 44:11 | 5:31 | 17 | | 76 | 13:42 |
| Leichtathletikh | 2.00 | 11:12 | 5:35 | 9 | 1:23 | 72 | 3:34 | 10.00 | 55:23 | 5:32 | 7 | 7:32 | 54 | 17:16 |