



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kind, Christiane

Club: Salamander FC

Number: 1481

Course: 10.00 km

Vintage VDB Lauf

Category:

Frauen (20-29 Jahre)

Total time: 51:14

Speed: 11.71 km/h

Running performance: 5:07 min/km

Rank in course/Total: 299 (of 637)

Rank in course/Women: 29 (of 144)

Best time in course: 38:07

Rank in category: 11(of 24)

Best time in the category: 42:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	10:21	5:10	8	1:54	26	3:01	2.00	10:21	5:10	11		87	3:01
Runde Langstrec	2.00	10:10	5:04	12	1:43	32	2:33	4.00	20:31	5:07	11		87	5:34
Runde Langstrec	2.00	10:20	5:10	12	1:59	33	2:34	6.00	30:51	5:08	11		87	8:08
Runde Langstrec	2.00	10:29	5:14	12	2:02	34	2:43	8.00	41:20	5:10	10		87	10:51
Leichtathletikh	2.00	9:54	4:57	11	1:36	21	2:16	10.00	51:14	5:07	11	9:14	29	13:07