



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Beyer, Annette

Club: LV Kirchberg 06

Number: 1031

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 54:12

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 384 (of 637)

Rank in course/Women: 43 (of 144)

Best time in course: 38:07

Rank in category: 3(of 25)

Best time in the category: 47:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	10:47	5:23	2	1:36	38	3:27	2.00	10:47	5:23	9		108	3:27
Runde Langstrec	2.00	10:51	5:25	5	1:25	54	3:14	4.00	21:38	5:24	9		108	6:41
Runde Langstrec	2.00	11:02	5:30	6	1:26	57	3:16	6.00	32:40	5:26	9		108	9:57
Runde Langstrec	2.00	10:52	5:26	3	1:03	44	3:06	8.00	43:32	5:26	8		102	13:03
Leichtathletikh	2.00	10:40	5:19	3	0:51	44	3:02	10.00	54:12	5:25	3	6:21	43	16:05