



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Wildner, Thorsten

Club: Fitness Crew 'Erfurt-Auf-Achse'

Number: 1067

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 1:00:41

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course/Total: 563 (of 637)

Rank in course/Men: 458 (of 493)

Best time in course: 31:35

Rank in category: 125(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total | | Total | | Total ranking | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Runde Langstrec | 2.00 | 11:26 | 5:43 | 94 | 4:58 | 364 | 5:09 | 2.00 | 11:26 | 5:43 | 87 | 4:58 | 313 | 5:09 | |
| Runde Langstrec | 2.00 | 11:48 | 5:54 | 128 | 5:06 | 465 | 5:25 | 4.00 | 23:14 | 5:48 | 74 | 10:04 | 257 | 10:34 | |
| Runde Langstrec | 2.00 | 12:19 | 6:09 | 128 | 5:27 | 467 | 5:51 | 6.00 | 35:33 | 5:55 | 116 | 15:31 | 413 | 16:25 | |
| Runde Langstrec | 2.00 | 12:40 | 6:19 | 127 | 5:54 | 466 | 6:16 | 8.00 | 48:13 | 6:01 | 114 | 21:25 | 409 | 22:41 | |
| Leichtathletikhal | 2.00 | 12:28 | 6:14 | 126 | 5:41 | 462 | 6:25 | 10.00 | 1:00:41 | 6:04 | 125 | 27:06 | 458 | 29:06 | |