



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Stegmann, Thomas

Club: Laufftreff Altensteiner Park
Number: 888

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:00:51

Speed: 10.85 km/h
Running performance: 5:23 min/km

Rank in course/Total: 59 (of 79)

Rank in course/Men: 53 (of 62)

Best time in course: 43:14

Rank in category: 14(of 14)

Best time in the category: 43:14