



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer

Number: 874

Course: 11.30 km

Langdistanz

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:01:20

Speed: 10.76 km/h

Running performance: 5:26 min/km

Rank in course/Total: 61 (of 79)

Rank in course/Women: 7 (of 17)

Best time in course: 49:26

Rank in category: 2(of 5)

Best time in the category: 57:54