



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Gerlach, Astrid

Club: SV Blau Weiß 90 Creuzburg
Number: 962

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:01:36

Speed: 10.71 km/h
Running performance: 5:27 min/km

Rank in course/Total: 62 (of 79)
Rank in course/Women: 8 (of 17)
Best time in course: 49:26

Rank in category: 3(of 5)
Best time in the category: 57:54