



4. Winterlaufserie 2014, Lauf 1  
Creuzburg / 26.01.2014

Detailed evaluation

Käppler, Gerd

Club: SV Normania Treffurt  
Number: 959

Course: 11.30 km  
Langdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:02:10

Speed: 10.62 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 65 (of 79)

Rank in course/Men: 55 (of 62)

Best time in course: 43:14

Rank in category: 3(of 3)

Best time in the category: 50:16