



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Stegmann, Anja

Club: Lauftreff Altensteiner Park
Number: 889

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:02:27

Speed: 10.57 km/h
Running performance: 5:32 min/km

Rank in course/Total: 66 (of 79)
Rank in course/Women: 11 (of 17)
Best time in course: 49:26

Rank in category: 4(of 5)
Best time in the category: 57:54