



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Haag, Heike

Club: SV Wartburgstadt Triathlon
Number: 933

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:54

Speed: 10.33 km/h
Running performance: 5:39 min/km

Rank in course/Total: 67 (of 79)
Rank in course/Women: 12 (of 17)
Best time in course: 49:26

Rank in category: 4(of 5)
Best time in the category: 59:14