



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Bechstein, Michael

Club: Sonntagsläufer Tambach-Dietharz
Number: 858

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:12:23

Speed: 9.12 km/h
Running performance: 6:25 min/km

Rank in course/Total: 76 (of 79)

Rank in course/Men: 60 (of 62)

Best time in course: 43:14

Rank in category: 11(of 11)

Best time in the category: 48:17