4. Winterlaufserie 2014, Lauf 1

Creuzburg / 26.01.2014

Detailed evaluation

Teubner, Jan

Club: Eisenach
Number: 956

Course: 5.50 km
Kurzdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 29:27

Speed: 10.19 km/h
Running performance: 5:21 min/km

Rank in course/Total: 17 (of 46)

Rank in course/Men: 14 (of 30)

Best time in course: 21:16

Rank in category: 5(of 5)

Best time in the category: 22:49