



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Ruchti, Susanne

Club: Eisenach
Number: 950

Course: 5.50 km
Kurzdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 31:28

Speed: 9.53 km/h
Running performance: 5:43 min/km

Rank in course/Total: 24 (of 46)
Rank in course/Women: 5 (of 16)
Best time in course: 25:25

Rank in category: 1(of 3)
Best time in the category: 31:28