



4. Winterlaufserie 2014, Lauf 1  
Creuzburg / 26.01.2014

Detailed evaluation

Gräf, Walter

Club: Ski-Nordisch-Tabarz  
Number: 989

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M70 (70-74 Jahre)

Total time: 33:35

Speed: 8.93 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 34 (of 46)

Rank in course/Men: 23 (of 30)

Best time in course: 21:16

Rank in category: 2(of 5)

Best time in the category: 32:18