



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Malzahn, Kai

Club: RTV Haselgrund
Number: 881

Course: 11.30 km
Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 45:00

Speed: 14.67 km/h
Running performance: 3:59 min/km

Rank in course/Total: 2 (of 79)

Rank in course/Men: 2 (of 62)

Best time in course: 43:14

Rank in category: 1(of 11)

Best time in the category: 45:00