



4. Winterlaufserie 2014, Lauf 1  
Creuzburg / 26.01.2014

Detailed evaluation

Hesse, Mathias

Club: SV Triathlon Friedrichroda  
Number: 975

Course: 11.30 km  
Langdistanz

Category:  
Männer (20-29 Jahre)

Total time: 46:52

Speed: 14.08 km/h  
Running performance: 4:09 min/km

Rank in course/Total: 6 (of 79)

Rank in course/Men: 6 (of 62)

Best time in course: 43:14

Rank in category: 2(of 5)

Best time in the category: 45:16