



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Pelzel, Mario

Club: VfL 28 Ellrich
Number: 883

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 48:17

Speed: 13.67 km/h
Running performance: 4:16 min/km

Rank in course/Total: 8 (of 79)

Rank in course/Men: 8 (of 62)

Best time in course: 43:14

Rank in category: 1(of 11)

Best time in the category: 48:17