



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Kühhirt, Marco

Club: RTV Haselgrund/Team Erdinger Alkoholfrei
Number: 877

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 48:57

Speed: 13.48 km/h
Running performance: 4:20 min/km

Rank in course/Total: 11 (of 79)

Rank in course/Men: 11 (of 62)

Best time in course: 43:14

Rank in category: 4(of 14)

Best time in the category: 43:14