



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Schmalz, Frank

Club: Leimbach

Number: 947

Course: 11.30 km

Langdistanz

Category:

Senioren M35 (35-39 Jahre)

Total time: 51:39

Speed: 12.78 km/h

Running performance: 4:34 min/km

Rank in course/Total: 18 (of 79)

Rank in course/Men: 17 (of 62)

Best time in course: 43:14

Rank in category: 5(of 11)

Best time in the category: 45:00