



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Boller, Frank

Club: RTV Haselgrund/Team Erdinger
Number: 860

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:47

Speed: 12.50 km/h
Running performance: 4:40 min/km

Rank in course/Total: 21 (of 79)

Rank in course/Men: 20 (of 62)

Best time in course: 43:14

Rank in category: 3(of 10)

Best time in the category: 48:19