



4. Winterlaufserie 2014, Lauf 1  
Creuzburg / 26.01.2014

Detailed evaluation

Rheim, Martin

Club: Untersuhl

Number: 984

Course: 11.30 km

Langdistanz

Category:

Senioren M45 (45-49 Jahre)

Total time: 54:08

Speed: 12.19 km/h

Running performance: 4:47 min/km

Rank in course/Total: 29 (of 79)

Rank in course/Men: 28 (of 62)

Best time in course: 43:14

Rank in category: 5(of 11)

Best time in the category: 48:17