



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Dittmann, Jens

Club: rot Weiss Scherbda
Number: 946

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 54:13

Speed: 12.17 km/h
Running performance: 4:48 min/km

Rank in course/Total: 30 (of 79)

Rank in course/Men: 29 (of 62)

Best time in course: 43:14

Rank in category: 9(of 14)

Best time in the category: 43:14