



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Senf, Michael

Club: SV Blau Weiß Creuzburg
Number: 968

Course: 11.30 km
Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 55:37

Speed: 11.87 km/h
Running performance: 4:55 min/km

Rank in course/Total: 35 (of 79)

Rank in course/Men: 34 (of 62)

Best time in course: 43:14

Rank in category: 6(of 11)

Best time in the category: 45:00