



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Korsant, Rick

Club: Triathlon Friedrichroda
Number: 952

Course: 11.30 km
Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 56:36

Speed: 11.66 km/h
Running performance: 5:01 min/km

Rank in course/Total: 42 (of 79)

Rank in course/Men: 41 (of 62)

Best time in course: 43:14

Rank in category: 9(of 11)

Best time in the category: 45:00