



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Patzenhauer, Holger

Club: SV Blau Weiß 90 Creuzburg
Number: 999

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 57:28

Speed: 11.48 km/h
Running performance: 5:05 min/km

Rank in course/Total: 44 (of 79)

Rank in course/Men: 43 (of 62)

Best time in course: 43:14

Rank in category: 8(of 11)

Best time in the category: 48:17