



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Baerwolf, Silvia

Club: Laufftreff Breitungen
Number: 857

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 57:39

Speed: 11.45 km/h
Running performance: 5:06 min/km

Rank in course/Total: 46 (of 79)

Rank in course/Women: 2 (of 17)

Best time in course: 49:26

Rank in category: 1(of 1)

Best time in the category: 57:39