



4. Winterlaufserie 2014, Lauf 1
Creuzburg / 26.01.2014

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen

Number: 935

Course: 11.30 km

Langdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 57:49

Speed: 11.42 km/h

Running performance: 5:07 min/km

Rank in course/Total: 48 (of 79)

Rank in course/Men: 46 (of 62)

Best time in course: 43:14

Rank in category: 7(of 10)

Best time in the category: 48:19