



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Krone, Jürgen

Club: Lehndorfer TSV

Number: 1090

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 57:16

Speed: 9.43 km/h

Running performance: 5:52 min/km

Rank in course/Total: 98 (of 163)

Rank in course/Men: 80 (of 115)

Best time in course: 34:41

Rank in category: 15(of 20)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	16:54	5:11	10	3:08	62	5:42	3.25	16:54	5:11	7		60	5:42
Lap 2	3.25	19:43	6:03	15	5:15	83	8:00	6.50	36:37	5:38	7	1:32	80	13:37
Last lap Finish	3.25	20:39	6:21	17	6:12	94	9:15	9.75	57:16	5:52	15	14:35	80	22:35