



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Segiet, Olaf

Club: Durst wird durch Bier erst schön!
Number: 1155

Course: 9.75 km
10 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 57:39

Speed: 9.37 km/h
Running performance: 5:55 min/km

Rank in course/Total: 102 (of 163)

Rank in course/Men: 84 (of 115)

Best time in course: 34:41

Rank in category: 17(of 27)

Best time in the category: 40:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:42	5:26	14	4:45	76	6:30	3.25	17:42	5:26	12	2:49	84	6:30
Lap 2	3.25	20:04	6:10	17	6:11	87	8:21	6.50	37:46	5:48	12	7:36	81	14:46
Last lap Finish	3.25	19:53	6:07	17	5:59	85	8:29	9.75	57:39	5:54	17	16:55	84	22:58