



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Lerm, Marco

Club: Ulm

Number: 1095

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 57:50

Speed: 10.12 km/h

Running performance: 5:56 min/km

Rank in course/Total: 103 (of 163)

Rank in course/Men: 85 (of 115)

Best time in course: 34:41

Rank in category: 11(of 15)

Best time in the category: 42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:32	5:23	9	3:53	71	6:20	3.25	17:32	5:23	11	3:53	85	6:20
Lap 2	3.25	19:11	5:54	12	4:41	81	7:28	6.50	36:43	5:38	11	8:32	85	13:43
Last lap Finish	3.25	21:07	6:29	13	6:47	97	9:43	9.75	57:50	5:55	11	15:19	85	23:09