



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

## Detailed evaluation

**Diewald, Björn**

Club: Niederzier

Number: 1028

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 58:47

Speed: 9.19 km/h

Running performance: 6:02 min/km

Rank in course/Total: 109 (of 163)

Rank in course/Men: 88 (of 115)

Best time in course: 34:41

Rank in category: 17(of 19)

Best time in the category: 39:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:57	5:49	17	6:31	88	7:45	3.25	18:57	5:49	4	4:10	87	7:45
Lap 2	3.25	20:27	6:17	17	7:05	90	8:44	6.50	39:24	6:03	4	7:31	87	16:24
Last lap Finish	3.25	19:23	5:57	16	6:10	78	7:59	9.75	58:47	6:01	17	19:42	88	24:06