



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Kolb, Thomas

Club: Oranienburg

Number: 1085

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 59:11

Speed: 9.88 km/h

Running performance: 6:04 min/km

Rank in course/Total: 111 (of 163)

Rank in course/Men: 90 (of 115)

Best time in course: 34:41

Rank in category: 17(of 20)

Best time in the category: 42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:16	5:37	15	4:30	84	7:04	3.25	18:16	5:37	5	1:17	70	7:04
Lap 2	3.25	20:28	6:17	17	6:00	92	8:45	6.50	38:44	5:57	5	3:39	90	15:44
Last lap Finish	3.25	20:27	6:17	16	6:00	93	9:03	9.75	59:11	6:04	17	16:30	90	24:30