



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

Detailed evaluation

Uebe, Marcel

Club: Meuchelmörder

Number: 1173

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 41:24

Speed: 13.04 km/h

Running performance: 4:15 min/km

Rank in course/Total: 9 (of 163)

Rank in course/Men: 8 (of 115)

Best time in course: 34:41

Rank in category: 1(of 5)

Best time in the category: 41:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	13:41	4:12	1	-	9	2:29	3.25	13:41	4:12	1	-	8	2:29
Lap 2	3.25	14:04	4:19	1	-	8	2:21	6.50	27:45	4:16	1	-	7	4:45
Last lap Finish	3.25	13:39	4:12	1	-	6	2:15	9.75	41:24	4:14	1	-	8	6:43